What is Creatine?

Creatine Series

Creatine is a nitrogenous compound stored in the muscle of mammals and fish, 95% of which is stored in skeletal muscle

(making animal meat an excellent dietary source), but a small number (half a kilogram of meat can only provide 1 grams of creatine). In humans, 60% is creatine phosphate (PCr) and 40% is creatine. To reach 5 grams of daily intake of help to the

human body, you must eat 2.5 kilograms of meat every day, which is not possible, so it needs to be added.

strength

Anhydrous Creatine

by its exceptional solubility, rapid

absorption, and reduced moisture

and user-friendly.

sensitivity, making it highly efficient

Anhydrous Creatine is distinguished

Increase muscle elasticity and make

Benefits

Relieve muscle fatigue

and restore physical

muscles stronger

Creatine Hydrochloride stands out for its superior water solubility, stability,

Creatine HCL

and potential ease of digestion, offering effective results with lower

Creatine Monohydrate 80 mesh The most popular and

Creatine monohydrate

effective fitness

Creatine Monohydrate 200 mesh

supplement on the market today because it can quickly increase muscle size and strength.

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Product

L-Carnitine

L-Carnitine

Tartrate

Acetyl L-Carnitine

Food Grade

Carnitine

Series

Features

Basic form of L-Carnitine that helps

metabolism and enhancing

endurance.

performance.

production.

Reduce weight

convert fat into energy, promoting fat

Good solubility, easy absorption, and

muscle fatigue, and enhance athletic

An acetylated form of L-Carnitine that

cognition, while also offering benefits

can cross the blood-brain barrier,

supporting brain function and

in fat metabolism and energy

Strengthen immunity

Anti fatigue / anti-aging

Cardiovascular health care

Contact us:

is known to provide energy, reduce







Distinguishing Points



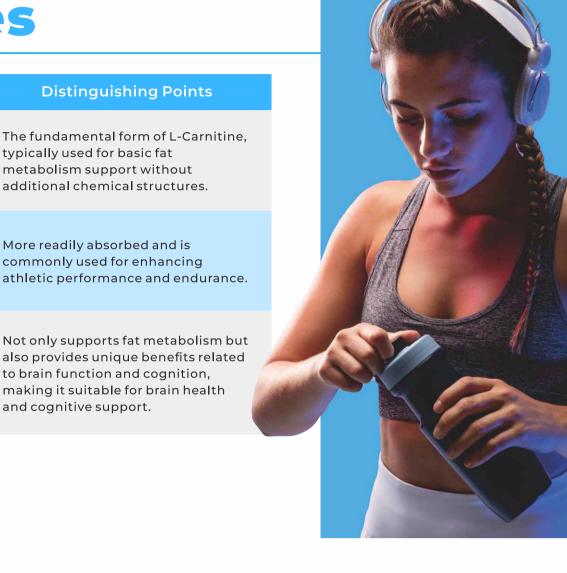
More readily absorbed and is commonly used for enhancing athletic performance and endurance.

typically used for basic fat

metabolism support without

additional chemical structures.

also provides unique benefits related to brain function and cognition, making it suitable for brain health and cognitive support.

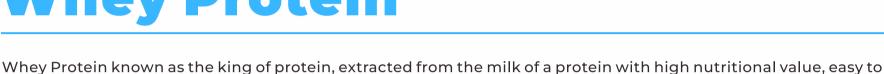


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quality protein supplements.

SRS Nutrition Express B.V.

Whey Protein

Whey Protein powder contains the complete spectrum of amino acids your body needs for quick muscle recovery after a

digest absorption characteristics with a variety of active ingredients. It is recognized as one of the human body of high



Whey Protein Concentrate

Whey Protein Isolate

Whey Protein Hydrolysate

brisk workout.



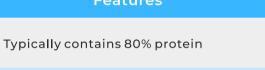
lactose.

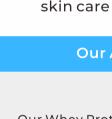


Typically containing over 90% protein

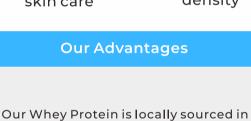
Easier digestion and absorption; No

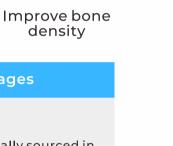
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Health







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Europe, maintaining high quality and

natural properties, suitable for those seeking a natural protein source.







Plant-Based Protein

In the entire alternative protein market, plant-based protein has consistently been the center of market attention. Data indicates that the global market size of plant-based protein is projected to grow at a compound annual growth rate of











Rice/Brown Rice Protein **Pea Protein**

15.0% annually, reaching \$27.9 billion by the year 2025.

Description Rich Amino Acids: Abundant in essential amino acids like lysi ne and arginine, supporting muscle growth

An all-natural plant-based protein, gluten-free, and D Compared to Soy Protein, Rice Protein has better lactose-free, making it friendly for vegetarians and emulsification and foam stability. Rice Protein also has those with dairy allergies. better digestibility and absorption compared to Whey, Soy, Milk, Wheat and Casein.

repair.

SRS Nutrition Express B.V.

and recovery.

Product Applications

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Nutritional Value: Rich in quality amino acids,

particularly lysine, which supports muscle growth and





Amino Acids

Our amino acid product line not only meets your dietary needs but also brings significant benefits to your sports nutrition product line. These amino acids are key components for enhancing energy, promoting muscle growth, and aiding in recovery, contributing to improved





Energy and Endurance

Enhancement

Muscle Growth

and Repair

Other









Beta-Alanine L-Citrulline DL-Malate 2:1 L-Arginine AKG 2:1 **Pre-Workout**

Taurine

BCAA 2:1:1

L-Ornithine

L-Glutamine

L-lysine

athletic performance and endurance.

Supplementation

SRS Nutrition Express B.V.

Post-Workout L-Leucine(DC/Fermentation/Instant) Supplementation Essential Amino Acids EAA L-Arginine Base Nitric Oxide Synthesis Enhancers

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Caffeine Anhydrous

Maltodextrin

Xanthan Gum

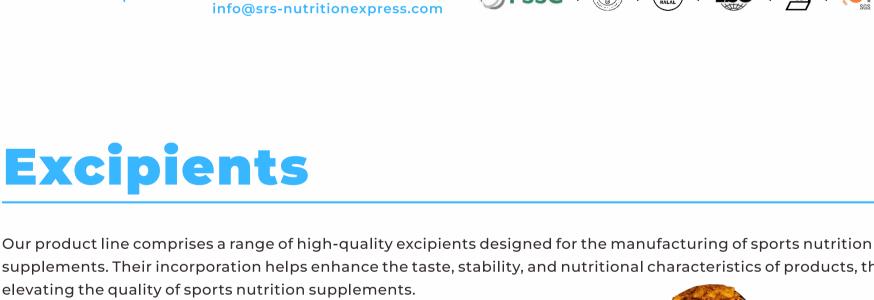
Acesulfame-K

Soy Lecithin

Sunflower Lecithin

Alpha Lipoic Acid

Guar Gum



Boasts excellent solubility and is used in the preparation of energy drinks

Thickening agent, improve the texture and stability of products.

Flavor and acidity regulator, providing a refreshing taste to products.

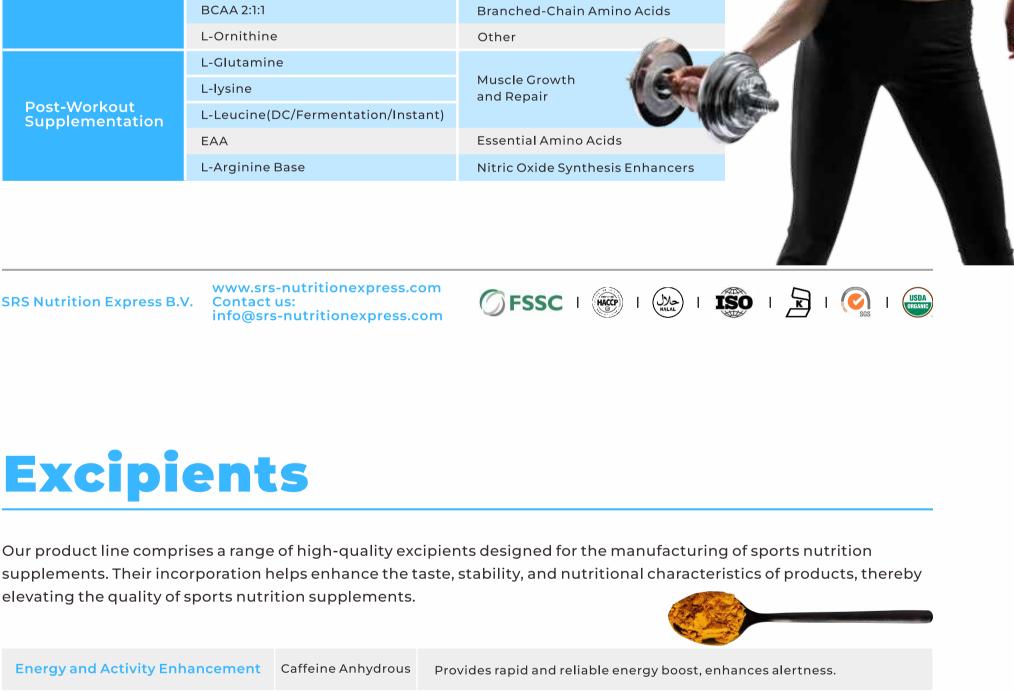
calories, commonly used in low-sugar or sugar-free foods and beverage.

Emulsifier, aiding in the mixing and stabilizing of oil and water phases in

Another emulsifier, is used to improve the texture and stability of food and

Helps reduce free radical damage, potentially beneficial for overall health.

beverages, particularly suitable for soy-based products.



DL-Malic Acid **Acidity and Flavor Modifiers** Citric Acid Sucralose **Sweeteners**

Energy and Activity Enhancement

Stabilisers and thickeners

Antioxidants and Others

Emulsifiers

Excipients

elevating the quality of sports nutrition supplements.

www.srs-nutritionexpress.com FSSC | HACE | LISO | K | USDA **SRS Nutrition Express B.V.** Contact us: info@srs-nutritionexpress.com

and supplements.

food and beverages.

Weight Management **CLA (Conjugated Linoleic Acid)** Reduced Fat Storage Increased Metabolism Preservation of Muscle Mass **MCT (Medium Chain Triglycerides)** Quick Energy Source Increased Satiety Promotes Fat Burning Mental Boost

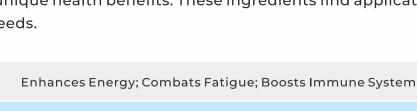
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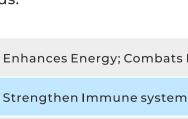
Green Tea Extract

Antioxidant Properties Promotes Fat Oxidation Appetite Suppression Cardiovascular Health

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FSSC | HACE | USDA | ISO | K | USDA | USDA







ingredients, and biologically active molecules, each with its unique health benefits. These ingredients find applications in different domains, catering to a wide range of consumer needs.

Ginseng Extract

Valerian Extract Reduce Stress; Enhance Sleep Quality **Herbal Extracts** Tribulus terrestris Extract

